Student Support Services

Spring 2023 Workshops in the West Campus Annex

Workshop Topics

Prepare for Grad School  ...  Ask questions about pursuing post-graduate education
Study Abroad Programs  ...  Learn about programs and experiences abroad
Financial Literacy  ...  Skills like budgeting and how credit works
Professional Communication  ...  How to write an email to your professor and more
Essays and Research  ...  From the Writing Proficiency Exam to citing sources
Adulting 101  ...  Basic life skills: Sewing buttons, folding a fitted sheet
Career Assessment  ...  What kind of career suits you?
Resume Building  ...  Putting together a resume that snaps
Discover Your Learning Style  ...  How do you study best?
Time and Task Management  ...  Planning to get the most from your day
Succeeding in an Interview  ...  Mock interviews for practice!
Stress Management  ...  Learning to cope with stress
Economic Literacy  ...  Understanding student loans, scholarships, and other aid
EURECA and UGROW  ...  Preparing the semester before, undergraduate research
Business Etiquette  ...  Professional Behavior
Test Taking Skills  ...  Coping with Finals