Student Support Services
Spring 2022 Workshops in the West Campus Annex

Workshop Topics

- Prepare for Grad School: Ask questions about pursuing post-graduate education
- Study Abroad Programs: Learn about programs and experiences abroad
- Financial Literacy: Skills like budgeting and how credit works
- Professional Communication: How to write an email to your professor and more
- Essays and Research: From the Writing Proficiency Exam to citing sources
- Adulting 101: Basic life skills: Sewing buttons, folding a fitted sheet
- Career Assessment: What kind of career suits you?
- Resume Building: Putting together a resume that snaps
- Discover Your Learning Style: How do you study best?
- Time and Task Management: Planning to get the most from your day
- Succeeding in an Interview: Mock interviews for practice!
- Stress Management: Learning to cope with stress
- Economic Literacy: Understanding student loans, scholarships, and other aid
- EURECA and UGROW: Preparing the semester before, undergraduate research
- Business Etiquette: Professional Behavior
- Test Taking Skills: Coping with Finals