

Student Support Services

Spring 2023 Workshops in the West Campus Annex

Workshop Topics

Prepare for Grad School	Ask questions about pursuing post-graduate education
Study Abroad Programs	Learn about programs and experiences abroad
Financial Literacy	Skills like budgeting and how credit works
Professional Communication	How to write an email to your professor and more
Essays and Research	From the Writing Proficiency Exam to citing sources
Adulting 101	Basic life skills: Sewing buttons, folding a fitted sheet
Career Assessment	What kind of career suits you?
Resume Building	Putting together a resume that snaps
Discover Your Learning Style	How do you study best?
Time and Task Management	Planning to get the most from your day
Succeeding in an Interview	Mock interviews for practice!
Stress Management	Learning to cope with stress
Economic Literacy	Understanding student loans, scholarships, and other aid
EURECA and UGROW	Preparing the semester before, undergraduate research
Business Etiquette	Professional Behavior
Test Taking Skills	Coping with Finals