Bruce and Graciela Redwine Student Wellness Center
COVID-19 Information

During the COVID-19 pandemic, we strive to continue our mission to serve all of our members. To do this, we need you, our members, to help. Please read below to learn how the Wellness Center is changing the way we operate, and what we are asking of you, our members. Following these guidelines will help us achieve our mission while prioritizing your safety and the safety of our staff.

What is the Wellness Center asking of members that use the facility?
It is our expectation that each member will take responsibility for their own safety and minimize the risk of COVID-19 transmission. Do not solely rely on others to maintain safety and disinfect equipment.

Patron Entry Procedures and Precautions

- **Entry**
  - There will be one point of entry into the facility – southeast entrance (Vinson Health Center side)
  - The north entrance will be closed for entry
  - Patrons will exit through the south pool door.
  - Patrons will wash or disinfect their hands prior to or upon entering the facility:
    - An outdoor hand washing station has been added at the southeast entrance.
  - Upon entering the facility, patrons will stop at a screening station (located in the main hallway between the front desk and Vinson Health Center, near the restrooms)
    - The screening station will be staffed by one or more student assistants
    - Any patron who did not wash their hands at the outdoor hand washing station will do so using the adjacent restrooms
    - All patrons will be asked a basic screening questionnaire (developed by the Vinson Medical Director using CDC recommendations)
    - All patrons will have a temperature scan
    - Any patrons failing the screening will be provided an instruction document and asked to leave
    - Six foot floor markings will be on the floor leading up to the screening station
  - After passing the screening, patrons will proceed to the front desk
    - The front desk will be staffed by one or more student assistants
    - Patrons will scan their own MSU ID card
    - Patron’s will provide their name to the front desk attendee to be recorded with the arrival and departure time
      - Patrons will be asked to check out at the front desk when departing
▪ The front desk attendee will be responsible for counting the number of patrons coming in and out of the facility, and will check equipment in and out.
▪ The front desk attendee will manage the waiting list if maximum capacity is reached
▪ Six foot floor markings will be on the floor leading up to the front desk

• General Precautions
  o Patrons will maintain at least 6 feet of separation from other individuals who are not from the same household.
  o Patrons will clean any equipment before and immediately following use
  o Patrons may wear cloth face coverings (over the nose and mouth) when entering and using the facility; masks are recommended, but not required
  o Patrons may wear gloves that cover from the wrist to fingertips when exercising; gloves are recommended, but not required

What changes have been implemented by the Wellness Center Staff?

• Staff will enforce Minimum Standard Health Protocols provided by the State of Texas, as follows:
  o Reduce occupancy of all areas to 25%.
  o Close the locker rooms.
  o Require use of gloves and masks for staff working in high contact areas and performing cleaning responsibilities.
  o Maintain 6 feet of space between all patrons and staff.
  o Staff will self-screen for the following symptoms of possible COVID-19 before entering the facility. Staff who have any of these signs or symptoms will not enter the facility, or will be sent home.
    ▪ Cough
    ▪ Shortness of breath or difficulty breathing
    ▪ Chills
    ▪ Repeated shaking with chills
    ▪ Muscle pain
    ▪ Headache
    ▪ Sore throat
    ▪ Loss of taste or smell
    ▪ Diarrhea
    ▪ Feeling feverish or a measure temperature greater than or equal to 100.4 degrees F.
    ▪ Known close contact with a person who is lab confirmed to have COVID-19.
    ▪ Recent travel from an area of high COVID-19 activity.
  o Equipment will be arranged to maintain social distancing.
  o Hand sanitizing and disinfecting stations will be available throughout the Wellness Center
  o Cleaning and disinfection of equipment by staff will be increased throughout the day.
**Hours of Operation**

**Monday – Friday:**
7:00am – 7:00pm *
* A rotating zone/area inside of the Wellness Center will be closed at different points throughout the day for extra cleaning/disinfecting, such that each zone is cleaned 2-3 times per day.

**Saturday & Sunday**
10:00am – 3:00pm

*Hours of operation will be reviewed and revised throughout the summer based on patron utilization, federal and state guidance and MSU Texas recommendations.*

**Occupancy Restrictions**

- The maximum capacity of the Wellness Center, with two exceptions noted below, will be limited to no more than 46 patrons, as determined by the 25% limitation set forth by the Governor’s Task Force
  - First Floor (Circuit/Cardio): 10
  - Second Floor (Cardio/Circuit/Free Weights): 36
- Exceptions
  - Basketball Court: Only 1 patron, per half court will be allowed (4 patrons total)
  - Track: up to 10 patrons
    - Lane 1 (inside lane) for walking
    - Lane 2 (middle lane) only for passing a walker or runner
    - Lane 3 (outside lane) for jogging/running
- A waiting list will be established by obtaining patron information during the check-in process if the maximum capacity is reached. If maximum capacity occurs, patrons on the waiting list:
  - will be asked to wait in their car, outside, or at their residence hall
  - must wait to access the facility until others have left
  - will be notified by the front desk when allowed to enter

**Membership Information**

- Students enrolled at MSU Texas for the spring 2020 semester who paid the Recreation Fee will have access to the facility during the summer terms.
- Non-student/employee members (e.g. alumni, employee spouses/dependents, etc.) will have their current membership term extended 57 of days reflect the number of days the facility was closed.
- No guests will be allowed. Only individuals with an MSU Wellness Center membership will be allowed in the facility. This will be re-evaluated during future re-opening phases.