Bruce and Graciela Redwine Student Wellness Center

December 13-January 7

No Classes: December 24-January 2

**MONDAY**

- 5:30AM HIIT
  - SADIE

**TUESDAY**

- 5:30AM SPIN
  - LORI

**WEDNESDAY**

- 12:15PM BARRE
  - TANI

**THURSDAY**

- NOON SPIN
  - DR. KEITH

**FRIDAY**

- 5:30AM HIIT
  - SADIE

- 12:15PM DANCE CARDIO
  - TANI

- 5:30PM STEP
  - KORIE

**WINTER BREAK 2021-2022 GYM HOURS**

**MONDAY-FRIDAY 5:15 AM – 7:00 PM**

**SATURDAY & SUNDAY: 10:00 AM – 3:00 PM**