



















BRUCE AND GRACIELA REDWINE STUDENT WELLNESS CENTER

Fall Schedule: August 24-December 10

No Classes: Sept. 7; November 25-29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
5:30am SPIN MEAGAN 	5:30am SPIN IVETTE 	5:30am SPIN IVETTE 		<p>FALL HOURS BEGINNING AUGUST 23</p> <p>Monday-Friday 5:15AM-9:00PM</p> <p>Saturday & Sunday 10:00AM-5:00PM</p> <p>AQUATICS HOURS</p> <p>Monday-Friday 3:00PM-6:00PM</p> <p>Saturday & Sunday Noon-3:00PM</p> <p>FREE PLAY FIELDS (NORTH SIDE)</p> <p>Monday-Friday 6:00PM-10:00PM</p> <p>Saturday & Sunday NOON-5:00PM</p>
Noon SPIN DAIL 	Noon SPIN DR. KEITH 	Noon SPIN DAIL 	Noon SPIN DR. KEITH 	
Noon DANCE CARDIO TANI 	Noon YOGA TERRI 	12:15pm BARRE TANI 		
4:30pm CIRCUIT SARAH 	5:30pm SPIN DEBBY 	5:30pm STEP KORIE 	5:30pm BASIC STEP TERRI 	
6:30pm SPIN MELISSA 	6:30pm TONE & SCULPT BIANCA 	6:30pm SPIN BIANCA 	6:30pm SPIN BIANCA 	

Classes are limited to 9 members per class on a first come, first serve basis.

Please clean your equipment before and after use.

Please leave your equipment out when class is over so our staff can clean the room.

Masks required when arriving and leaving the group fitness room.