GROUP X FITNESS
BRUCE AND GRACIELA REDWINE WELLNESS CENTER
Jan 14 - May 12 (No classes March 18-24 & April 18-21)

**MONDAY**
- 6:30am: Bianca
- 7:30am: Meagan
- 12:00pm: Cindy
- 4:45pm: Mike
- 5:30pm: Pablo
- 6:30pm: Tani
- 7:30pm: Anissia

**TUESDAY**
- 7:30am: Alyssa
- 12:00pm: Cindy
- 4:45pm: Keith
- 5:30pm: Debby
- 6:30pm: Korie
- 7:30pm: Tani

**WEDNESDAY**
- 5:30am: Ivette
- 7:30am: Alyssa
- 12:00pm: Christie
- 4:45pm: Bianca
- 5:30pm: Tani
- 6:30pm: Bridget
- 7:30pm: Anissia

**THURSDAY**
- 5:30am: Meagan
- 7:30am: Alyssa
- 12:00pm: Cindy
- 4:45pm: Keith
- 5:30pm: Tani
- 6:30pm: Debby
- 7:30pm: Tani

**FRIDAY**
- 5:30am: Ivette
- 7:30am: Meagan
- 12:00pm: Cindy
- 4:45pm: Lori
- 5:30pm: Tani
- 6:30pm: Debby
- 7:30pm: Debby

**SUNDAY**
- 2:00pm: Debby/Wendy

*** Please arrive 5-10 mins prior to the start of class to set-up equipment***

**Hours:**
- Mon - Fri: 5:30am - Midnight
- Saturday - Sunday: 10am - 10pm

Follow Us @MSUTexasRec

Aquatics | Barre
Cardio Combo | Circuit Class
Core Crusher | HIIT
Sculpt & Tone | Spin
Step Express | Yoga
Zumba