

Bruce and Graciela Redwine Student Wellness Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00 AM YOGA TINA	5:30AM SPIN LORI	7:00 AM YOGA TINA	5:30AM SPIN IVETTE	6:30 AM BOOTCAMP DARWIN
NOON SPIN BOOTCAMP ANGIE	NOON SPIN DR. KEITH	NOON SPIN DAIL	NOON SPIN DR. KEITH	11:00AM BARRE TANI
12:15PM DANCE CARDIO TANI	NOON YOGA TERRI	12:15PM BARRE TANI	NOON YOGA TERRI	NOON SPIN DAIL
1:00PM MEDITATION ANDREW	5:30PM SPIN DEBBY	1:00 PM DANCE CARDIO TANI	5:30PM BASIC STEP TERRI	NOON DANCE CARDIO
5:30PM STEP KORIE	5:30PM SCULPT LORI	4:30PM SPIN IVETTE		
		5:30PM STEP KORIE		

**FALL SCHEDULE
AUGUST 15-DECEMBER 9**

**NO CLASSES:
SEPT. 5; NOV 23-27**