

## Wellness Center Equipment List (Updated 04/09/19)

Equipment Type	Mg
Ab Crunch	Cybex
Arm Extension	Cybex
Back Extension	Cybex
Bicep Curl	Cybex
Chest Press	Cybex
Cybex Freemotion	Cybex
Cybex Freemotion	Cybex
Fly/Rear Delt	Cybex
Glute (EAGLE)	Cybex
Hip Abductor/Adductor (EAGLE)	Cybex
Lateral Raise	Cybex
Leg Extension start RLD	Cybex
Leg Press (EAGLE)	Cybex
Overhead Press	Cybex
Pulldown	Cybex
Row	Cybex
Row (EAGLE)	Cybex
Seated Leg Curl start RLD	Cybex
Standing Calf	Cybex
Torso Rotation	Cybex
Tricep Press	Cybex
Glute Hamstring	Matrix
Curl Benches X2	Cybex
Straight Bar Set	Matrix
Fly/Rear Delt	Cybex
Row Rear Delt	Cybex
Chest Press	Cybex
Lat Pull Down	Cybex
Ab/Aduct.	Cybex
Abdominal	Cybex
Back Extension	Cybex
Overhead Press	Cybex
Leg Extention	Cybex
Seated Curt	Cybex
Hip Ab/Aduct (Eagle)	Cybex
Tower with 12 Stations	Cybex
Decline Bench X1	Cybex
Incline Bench X4	Cybex
Smith Machine	Cybex
Benches X 4	Cybex
Squat Rack X3	Cybex
Moveable Benches X 6	Cybex
Loaded Leg Press	Cybex
Loaded Row	Cybex
Loaded Press	Performance
Leg Curl X 2	Cybex
Asst. Dip/Pull Up	Matrix
Pull Up	Cybex

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Captain's Chair	Matrix
Treadmill (Downstairs L-R)	TRUE
Treadmill (Downstairs L-R)	TRUE
Treadmill (Downstairs L-R)	TRUE
Treadmill (Downstairs L-R)	TRUE
Treadmill (Downstairs L-R)	TRUE
Treadmill (Downstairs L-R)	TRUE
Treadmill (Downstairs L-R)	TRUE
Treadmill (Downstairs L-R)	TRUE
Treadmill (Upstairs Weight L-R)	TRUE
Treadmill (Upstairs Weight L-R)	TRUE
Treadmill (Upstairs Weight L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE
Treadmill (Track L-R)	TRUE

Arc Trainer (Downstairs L-R)	Cybex
Arc Trainer (Downstairs L-R)	Cybex
Arc Trainer (Downstairs L-R)	Cybex
Arc Trainer (Downstairs L-R)	Cybex
Arc Trainer (Downstairs L-R)	Cybex
Arc Trainer (Downstairs L-R)	Cybex
Arc Trainer (Downstairs L-R)	Cybex
Arc Trainer (Downstairs L-R)	Cybex
Arc Trainer (Upstairs L-R)	Cybex
Arc Trainer (Upstairs L-R)	Cybex
Arc Trainer (Upstairs L-R)	Cybex
Arc Trainer (Upstairs L-R)	Cybex
Arc Trainer (Upstairs L-R)	Cybex
Arc Trainer (Upstairs L-R)	Cybex
Arc Trainer (Upstairs L-R)	Cybex
Arc Trainer (Upstairs L-R)	Cybex
Elliptical (Track by Treadmills (L-R)	TRUE
Elliptical (Track by Treadmills (L-R)	TRUE
Elliptical (Track by Treadmills (L-R)	TRUE
Elliptical (Track by StairClimbers L-R)	TRUE
Elliptical (Track by StairClimbers L-R)	TRUE
Elliptical (Track by StairClimbers L-R)	TRUE

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Elliptical (Track by StairClimbers L-R)	TRUE
Elliptical (Track by StairClimbers L-R)	TRUE
Elliptical (Track by StairClimbers L-R)	TRUE
Spin Bike (Upstairs)	Keiser
Spin Bike (Upstairs)	Keiser
Spin Bike (Upstairs)	Keiser
Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
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Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
Spin Bike (Spin Room)	Keiser
Upright Bike	Cybex
Upright Bike	Cybex
Upright Bike	Cybex
Upright Bike	Cybex
Upright Bike	Cybex

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Upright Bike	Cybex
Recumbrent Bike	Cybex
Recumbrent Bike	Cybex
Recumbrent Bike	Cybex
Recumbrent Bike	Cybex
Recumbrent Bike	Cybex
Recumbrent Bike	Cybex
Rower	Concept II
Rower	Concept II
Stairclimber	Matrix
Stairclimber	Matrix