

MSU Texas Human Resources

May 2022

Summer Enrollment

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Summer Enrollment is your yearly opportunity to make changes to your benefits, for yourself and your eligible dependents, without a Qualifying Life Event. Some changes may require Evidence of Insurability.

Summer Enrollment begins June 20th and ends July 22nd at 7 pm CT. Our two week phase for keying changes into [ERS On-Line](#) is July 4th through July 16th. Employees can also make changes in Human Resources by completing a form with Liza Villadiego ext. 4133, anytime during the Summer Enrollment period.

Be sure to watch your home mailbox in the upcoming weeks for your postal mailing from ERS regarding Summer Enrollment options and any benefit changes for the new plan year that begins September 1, 2022. If you've had a change to your mailing address, please sign into your [ERS On-Line](#) account and update your address by May 19th to make sure you receive this important mailing from ERS.



Summer Enrollment Resources

In addition to the upcoming Summer Enrollment webinars, the following Summer Enrollment resources are available to employees:

- [ERS Summer Enrollment web page](#) – Visit this "one-stop shop" for all things Summer Enrollment. ERS will update this page periodically as information is released. You will find information and resources from ERS and plan administrators, including premium rates, enrollment guides, and other plan year materials. Stay tuned.
- Plan websites – Plans will post their Summer Enrollment presentation and other information on their websites for members to access 24/7. You can find a list of all plans websites on the [Human Resources Insurance Benefits page](#) or on the [ERS website](#).
- Human Resources Summer Enrollment page – Stay tuned for the Human Resources Summer Enrollment page. It will be published very soon, as ERS releases more information regarding Summer Enrollment.
- [ERS On-Line](#) – Employees can view their benefits and make enrollment changes themselves online, at hours convenient for them.
- Customer Service – Each Group Benefit Program plan has a customer service phone line staffed by knowledgeable representatives to answer employees' questions.
- Personal Benefits Enrollment Statement – ERS will mail this packet to each employee before their Summer Enrollment phase. It will contain the ERS Summer Enrollment guide and handouts and a personalized benefits statement.

May is Mental Health Awareness Month

Your HealthSelectSM medical plan, including Consumer Directed HealthSelectSM, covers mental health care. You and your covered dependents have access to a variety of mental health resources such as care management clinicians, mental health Virtual Visits and office visits.

- **Mental health Virtual Visits.** [Mental health Virtual Visits](#) are video conference appointments through either [Doctor On Demand](#)[®] or [MDLIVE](#)[®]. You must make appointments in advance. Appointments are typically available within 5-7 days on average, but could take up to two weeks. If you are enrolled in HealthSelect of Texas[®], HealthSelectSM Out-of-State or HealthSelectSM Secondary, mental health Virtual Visits through Doctor On Demand and MDLIVE are covered at 100%. If you are enrolled in Consumer Directed HealthSelectSM, you must pay 20% coinsurance after your annual deductible is met.
- **Care management.** HealthSelect's care management program gives you access to a team of dedicated medical and mental health clinicians who can help you with all types of health concerns. Mental health clinicians are available by phone to provide extra support and guidance for substance use issues, anger management, anxiety, depression, stress, domestic violence, grief and post-traumatic stress disorder. Care management is available to you at no out-of-pocket cost.
- **Well onTarget**[®]. The [Well onTarget](#) portal has tools and resources to help you with both your physical and mental health. Trackers and self-management programs are tools that can help you cope with many common stressors. Connect with a wellness coach for more personalized guidance. You can access Well onTarget through [Blue Access for Members](#)SM or download the AlwaysOn Wellness app on compatible Android and Apple devices.

If you have a life-threatening emergency, call 911 or go to the nearest emergency room.

If you or your covered dependents are facing non-life-threatening mental health or substance use issues, call a Blue Cross and Blue Shield of Texas Personal Health Assistant toll-free at **(800) 252-8039 (TTY:711)**, Monday-Friday, 7 a.m. – 7 p.m. and Saturday, 7 a.m. – 3 p.m. CT, or visit the [Mental Health page](#).

Please visit the [ERS Wellness Events calendar](#) for a list of mental health wellness opportunities available during the month of May.

MYTRS Portal Update

TRS has recently updated the MYTRS portal. The new MYTRS experience will offer enhancements including web self-service options, helpful resources and tools, the ability to view and update your member account information in real time, and much more.

The updated portal has stronger security measures in place so that your information remains private.

Please note: The first time you visit the new MYTRS portal, you must establish your online account by creating a new account which will verify your status as a TRS member. You can access the MYTRS portal by visiting the [TRS website](#) and clicking on the MYTRS link at the top of the page. Once you are on the MYTRS log in page, you must start the registration process at the link provided under the "Welcome to the new My TRS!" section. New TRS members must wait 60 days to establish their online account.

Summer Sizzlers – Fun, Fun, Fun!!!!

Human Resources has coordinated with different campus departments to provide summer fun! Information regarding upcoming Summer Sizzlers during the months of June, July, and August will be distributed each week by MSU Postmaster, so stay tuned and watch your email!



Application Deadline

Summer I & Summer II applications are now being accepted for the Staff Education Incentive & Dependent Education Assistance Programs.

Deadline dates to apply are listed below

- Summer I - Friday, May 27, 5 p.m.
- Summer II - Friday, July 1, 5 p.m.

Applications can be found on the [Human Resources forms page](#).

Please return to Human Resources, Hardin 210 or email courtney.grimes@mstexas.edu

May Holiday

Memorial Day Holiday – May 30th



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