

MSU Texas Human Resources

May 2020

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SUMMER ENROLLMENT

Summer Enrollment begins June 22nd and ends July 24th. The on-line keying phase for MSU Texas to make benefit changes is phase 3, July 6th through July 18th. ERS is asking all agencies to observe their particular keying phase to alleviate traffic on the website during the Summer Enrollment period.

Changes can also be made in Human Resources by visiting with Liza Villadiego and completing a form beginning June 22nd. Contact Liza at ext. 4133 if you have any questions.

Be sure to update your contact information in the ERS website prior to 5 pm CT, May 29th. Please visit the [ERS website](#) for instructions on how to update your contact information in ERS On-line. Bookmark the [ERS Summer Enrollment](#) page to stay up-to-date on Summer Enrollment information.

OPTIONS FOR MEDICAL CARE

Get care when you need it – It is important to know where to go when you need medical care. Knowing your options and deciding where to go can make a big difference in how much you pay. Be prepared by making sure ahead of time that the place you go to for care is in-network.

[Options for Care](#)

[Provider Finder](#)

[Virtual Visits \(medical and mental health\)](#)

If you have not yet registered your “Blue Access for Members” account, you can do so on the [HealthSelect of Texas](#) website. Simply click on the “Log In” box in the top right corner of the page and select “Register Now” under the “New User?” link. Once registered, you can sign in and see information in regards to claims processing and explanation of benefits, designate your primary care physician (PCP), check for referral status, find network providers, and much more.

FREESTANDING EMERGENCY ROOMS

While you may visit a freestanding Emergency Room (Ex. ER Now), you will incur higher out-of-pocket expenses. The freestanding Emergency Rooms in Wichita Falls are not in the HealthSelect network. Participants are responsible for any billed charges that exceed the amount HealthSelect pays, regardless of whether the services were the result of a true emergency or non-emergency. Find out more about out-of-pocket costs for freestanding ER's here: [Freestanding ER's](#).

Your designated PCP, the walk-in clinic associated with your PCP, or [virtual visits](#) are in-network options that are also available to you when seeking medical care. **In case of a true emergency, you should always seek out the nearest emergency room.**

MAY IS MENTAL HEALTH AWARENESS MONTH

Do you know there is a proven connection between your physical and your mental health? It is likely there are more links between our mental and physical health than we know. Getting mental health treatment is vitally important to our physical health and our overall wellbeing. Please visit the ERS website for information on "[Your Mental Health Matters](#)" or the HealthSelect website, [May is Mental Health Awareness Month](#).

ERS CALENDAR OF EVENTS

Please visit the [ERS Events Calendar](#) for webinars that you can attend at your computer. ERS offers many webinars such as Medicare Preparation, Ready, Set, Retire for Higher Education Institutions, Summer Enrollment, and many other topics. Stay connected to ERS by subscribing to [ERS Updates](#). Please remember that ERS administers our insurance benefits only and not retirement. Retirement is through TRS or ORP.



TEXFLEX CHANGES DUE TO COVID 19



The Coronavirus Aid, Relief, and Economic Security (CARES) Act allows for over-the-counter drugs and medicines to be paid or reimbursed through TexFlex flexible spending account (FSA) without a doctor's prescription. In addition, menstrual products are now eligible to be paid or reimbursed from an FSA or a Health Savings Account (HSA). These changes are retroactive to January 1, 2020. You can find more information on the [ERS website](#).

TRS ALERT – BE AWARE OF SCAMS

Some TRS members have been receiving emails and phone calls, from individuals claiming to be from TRS, about scheduling appointments to learn more about TRS benefits. **TRS will not reach out to members to schedule an appointment.** However, if a member already had an in-person appointment scheduled at TRS headquarters in Austin, TRS Benefit Counselors have been reaching out to convert those appointments to video conferences or phone conferences. If you receive an email or phone from an individual who claimed to be a TRS employee, please call TRS at 1-800-223-8778 with the details of the communication.

For more information, please see [additional considerations on keeping personal information secure](#).

STAFF EDUCATION INCENTIVE & DEPENDENT EDUCATIONAL ASSISTANCE DEADLINES

Summer I – May 29, 2020

Summer II – July 3, 2020

Applications can be found on the [Human Resources forms page](#) and emailed to Courtney.grimes@msutexas.edu.

Memorial Day Holiday – May 25th

