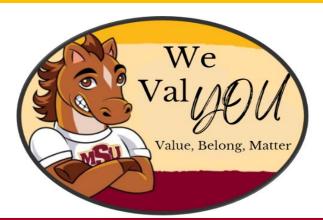
MSU Texas Human Resources August 2023

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Stay involved and make a difference throughout the year!

- Let's appreciate our colleagues all year. If someone is doing a great job let them know!
- Take advantage of campus <u>activities and events</u> throughout the year.
- Volunteer say **YES** to that <u>faculty</u> or <u>staff</u> senate nomination or become an advisor or mentor to one of our great <u>organizations</u> on campus.
- Keep learning sign up for **FREE** <u>professional development webinars</u> sponsored by TTUS Office of Leader and Culture Development. Do you have the tools you need to succeed?
- Check out the TTUS Creating Us Podcasts focused on bringing our Values Based Culture to Life.
- Be a helpful resource to others on campus. Do you have a skill you'd like to share with co-workers or within a small group?
- Attend Athletic Events FREE to attend for all faculty and staff.
- Show School Spirit Wear your Maroon and Gold on Fridays. Visit HR for a **FREE** MSU Values Tee
- **Smile!** It's free and can make a difference in someone's day!

Health & Wellness

- Visit the Wellness Center (sign up for a class or let's motivate each other)
- Take occasional breaks take a walk around our beautiful campus or use your wellness & mental health breaks.
- Can't leave your desk? take a quick break to <u>stretch and recharge</u>.
- Additionally, **ERS of Texas** provides a multitude of additional health and wellness initiatives, including mental health resources, weekly webinars, articles and wellness challenges. You can find additional information on <u>ERS of Texas' wellness resources page</u>.

Happy Employees = Happy Students = Happy Campus

Financial Wellness - ERS

More Health, More Wellth! 4-Week Campaign Sign up to be a part of "More Health, More Wellth," the 4-week financial wellness campaign starting Sept. 18. This program is designed to help you take control of your health and finances at the same time. Over the course of four weeks, we'll guide you through practical strategies to improve your well-being while saving money. Information will be sent to you via email, text or both.

Teacher Retirement System Update

Employees participating in the Teacher Retirement System of Texas (TRS), both the employee and the state contribution rate will increase to 8.25 percent in Fiscal 2024 (increase from 8 percent). This increase will be reflected on your September 1, 2023 paycheck.

FY 2024 Notice of Employment

The FY 2024 Notice of Employment was distributed by email on August 14, 2023. If you did not see the Notice of Employment in your Outlook Inbox, please check your Junk Email folder. Please contact Human Resources at ext 4221 if you have any questions.

Staff Education Incentive and Dependent Education Assistance Deadline

Fall Semester – Apply by August 31, 2023

Applications can be found on the <u>Human Resources forms page</u> and emailed to <u>ivon.mendoza@msutexas.edu</u>

MSU Parking Permits

The new 2023-2024 parking permits will be available to order online starting Friday, August 25, 2023! Visit the MSU University Police Parking page here: <u>Parking Permits</u>

Diabetic Supplies

Beginning Sept. 1st, diabetic supplies, including test strips and lancets, will be covered through the HealthSelect Prescription Drug Program (PDP), not through the HealthSelect Medical Plan. The HealthSelect of Texas PDP customer care line can be reached toll-free at (855) 828-9834 (TTY: 711).

If the diabetic supplies are used exclusively for a continuous glucose monitor (CGM) or insulin pump, participants may still be able to get these supplies through their HealthSelect of Texas medical plan benefits. To verify coverage and benefit details, call (800) 252-8039 (TTY: 711) to speak to a BCBSTX Personal Health Assistant.

Upcoming Holidays

Campus will be Closed Monday, September 4th for Labor Day. We wish everyone a safe and restful weekend.

HR Contacts