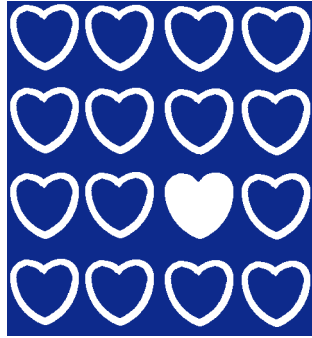


NORTH TEXAS REGIONAL TRAINING CONFERENCE



FOR THOSE WHO
CARE

April 8 and 9, 2020

MIDWESTERN STATE UNIVERSITY

Clark Student Center

3410 Taft Boulevard, Wichita Falls, Texas

(Midwestern Pkwy. at Taft Blvd.)

(940) 397-4307

<https://msutexas.edu/conted/>

A multi-disciplinary conference designed to meet the continuing education needs of the professional in the area of mental health, family and protective services, juvenile probation services, adult probation services, criminal justice addiction counseling, and social work. This conference has been held annually since 1983.

Acknowledgments to Wichita County Community Supervision and Corrections Department ~ Juvenile Probation Department ~ Texas Department of Family and Protective Services ~ MSU Texas Center for Continuing Education.

THE FOLLOWING ACCREDITATIONS HAVE BEEN REQUESTED FOR THIS CONFERENCE:

- International Association for Continuing Education and Training (CEU), 16 hours
- Texas Certification Board of Addiction Professionals (LCDC/TAAP), 16 hours
- Texas Juvenile Justice Department (TJJD), 16 hours
- Texas State Board of Examiners of Professional Counselors (LPC), 16 hours
- Texas State Board of Examiners of Marriage and Family Therapists (LMFT), 16 hours
- Texas State Board of Social Worker Examiners (SW), 16 hours
- TCOLE certificate may be available when turned in to your own law enforcement department.

16 Hours = 1.6 CEUs, provided by MSU Texas Continuing Education.

CONFERENCE STEERING COMMITTEE

PATSY J. BAGGETT
Child Protective Services (retired)

LINDA KALSKI
Vernon College Instructor

PAMELA MOSS
Midwestern State University

KATHYE O'CONNOR
Department of Family and Protective Services

LORRAINE PARMER
MSU Texas Continuing Education - Coordinator

TISHA McCREARY
Wichita County Juvenile Probation

SELINA WILLIAMS
Wichita County Juvenile Probation (Detention)

SARAH PEELER
Wichita County CSCD

SAMANTHA TORREZ
Wichita County CSCD

CYNTHIA BROCK
Red River Hospital

"The Key Conversations: Considering the Conversations That Shape Our Lives"

What are the most important conversations you've ever had? What messages did you receive that shaped your life and the way you think? What conversations have you had with others that may have been watershed experiences in their lives? Multiple counseling theories report the tremendous impact that certain messages have on our lives. Drawing from forty years of counseling practice, Dr. Hebbard will look at these "Key Conversations" and their capacity to shape our lives in a positive way or do significant damage to the way we view ourselves. Powerful key conversations will be shared. Participants will examine the conversations that have shaped their own lives, consider strategies for overcoming negative messages and build a toolkit for "Key Conversations" with clients, students, family and co-workers.

"This Thing Is Going To Eat Me Up"...Managing Stress At Home, Work, And Our Inner World

Handling change and stress is necessary for a productive life. Too much stress and we become overwhelmed and fail to function effectively. Success breeds its own special brand of ongoing stress. This seminar will look at what causes stress, how we respond to stress and signs we may be living in the "red zone" coping with too much ongoing stress. Special attention will be given to "transitional density," the layering of multiple stresses on top of each other along with the role that developmental and situational stressors placed on the individual. The role of attachment and key relationships will be examined. Participants will explore a range of key coping skills for helping professionals who deal with their own stress as well as the stress of clients, students and co-workers in this very practical seminar.

Don Hebbard, Ph.D. – Dr. Hebbard is Professor of Counseling Human Behavior and Development at Amberton University. He is a Licensed Marriage and Family Therapist with 40 years' experience, and a Clinical Fellow in the American Association for Marriage and Family Therapy and in private practice in Dallas. Don has opened counseling centers, graduate programs and family institutes in Dallas, Atlanta and Oklahoma City. He travels nationally and is a popular speaker conducting seminars on relationships, leadership, transition and conflict resolution. He works with organizations that are experiencing transition in leadership, assisting them through seminars and consulting.

"HIV, AIDS, Communicable Diseases - Sexually Transmitted Disease and HIV / AIDS / STD / HEP / TB"

Participants will be presented with information on the epidemiology of sexually transmitted disease, differentiate between viral, bacterial and protozoan sexually transmitted infections and prevention. Participants will also learn about the symptoms and modes of transmissions of Hepatitis A, B, C, HIV/AIDS, TB and some of the more prominent sexually transmitted diseases. This session will be specific to counties served by the Wichita County Health Department. Wichita County Health Department presenters will discuss HIV/AIDS services for the Wichita County and surrounding counties as well as immunizations and current statistics and trends regarding Flu, Ebola, Zika, and any other current news making illnesses.

Keith Williamson, M.D. – Board Certified American Academy of Family Medicine, Midwestern State University Physician.

Jason Wheat and Tiffany Torres – Wichita County Health Department, Helen Farabee Mental Health Center

"Mental Health 101"

The topic will cover how to recognize signs and symptoms of mental health issues. The audience will be given resources in the community that will help with mental health needs. Brief overviews of depression, bipolar disorder and schizophrenia will be given.

Charles Martin – A native of North Texas, Charles Martin has been an integral part of the state mental health system team since 1995. Working with adults, children and adolescents, while managing a staff of caseworkers, has given him insight to both patients and clinical behavioral health specialists. Charlie is currently serving as the Director of Crisis Services for the Helen Farabee Center. As director, he oversees mobile assessments, admissions, evaluations, community resource placement and development of staff in the entire North Texas region. Charlie facilitates professional trainings in prohibiting access to lethal means, fundamentals of case management, and crisis intervention techniques.

"Ethics in the Context of #MeToo"

Now more than ever it is vital for individuals and communities across the country to have a deeper understanding of sexual violence. So many professionals don't recognize or understand how frequently they are working with trauma survivors, which no matter the environment you work in, can have serious ethical implications. This session will not only explore the ethical implications of understanding sexual violence, but also how our own misunderstanding of the issue can impact the care and response to sexual assault survivors.

Christina Coultas, MSSW – Christina has been working as an advocate and activist to end violence against women for over 21 years. She joined the Texas Association Against Sexual Assault (TAASA) in 2016. Christina now serves as the Director of Training for TAASA where

she coordinates training efforts and oversees the implementation of the TAASA Annual Conference. In addition to her TAASA, work Christina serves as a nonprofit consultant and expert witness for domestic violence and sexual assault cases. Christina holds a Master of Science in Social Work from the University of Texas at Arlington and a Bachelor of Social Work from the University of North Texas.

"Trauma Informed & Survivor-Centered Care: Meeting the Needs"

Trauma-informed care is an approach that is based on the recognition that many behaviors and responses expressed by survivors are directly related to traumatic experiences. It involves the understanding of how trauma impacts survivors and asks for us to understand things like triggers and vulnerabilities that survivors have. At its core, it also involves a conscious effort to avoid re-traumatizing or re-victimizing survivors by creating safe, respectful, and validating environments.

Rick Gipprich, Jr. – Rick is the Director of Program Support and Campus Sexual Assault Specialist for the Texas Association Against Sexual Assault (TAASA). Prior to working at TAASA, Rick served as Deputy Director of Education & Development and Director of Prevention Education for The Rape Crisis Center in San Antonio. In addition to training on issues related to sexual assault, Rick works daily to ensure that communities across Texas understand the impact of sexual violence and its effect on the people of our state.

"Update on Vaping and Current Drug Trends"

The drugs abused by our society are constantly changing. The opioid epidemic is in full bloom. A cheaper alternative to marijuana that circumvents drug testing and the legal system often spell big profits. Science is giving us answers about the potential harms of marijuana. Addicts have found ways to abuse drugs that treat addictions. Vaping is leading to a national crisis in adolescents. This presentation focuses on the latest drug trends in substance abuse.

Rick Rayl, RPh. – Director of Pharmacy, University Behavioral Health of Denton (Denton, TX) Consultant Pharmacist, The Recovery Center (Wichita Falls, TX)

Rick Rayl is the past Director of Pharmacy Affairs for the Florida Physician's Recovery Network and has collaborated with pharmacy recovery networks in Louisiana, Arkansas, Kansas, Missouri and Texas. As a SMART Recovery facilitator, Rick leads group at **Grace Counseling Center in Lewisville, Texas and Fort Worth, Texas.**

Rick is co-owner of **Watchdog Solutions** which is a drug testing company. His experience with drug testing helps him to stay current with the rapidly expanding issues surrounding synthetic drugs such as K2.

Rick has published an article in DATIA's Focus magazine on synthetic drugs titled, "**Synthetics-Faux Drugs with Real Consequences**". His latest article, "**Anosognosia in Schizophrenia and Bipolar Disorder the Heart of the Problem**", was published in the Texas Pharmacist Association Quarterly Magazine).

"At the Crossroads of Vulnerability and Shame"

Based on the work of Dr. Brene Brown this presentation will provide the participant an explanation of vulnerability and shame as it relates to at-risk youth. There will be an opportunity to analyze the connections between trauma, vulnerability and juvenile justice youth. There will be a final activity to examine a scenario and use the information and skills provided to determine a viable interaction strategy when working with justice-involved youth.

"A Spotlight on the Dark Web"

At the conclusion of this presentation, the participants will have the opportunity to examine the variety of illegal activities conducted on the dark web. A history of how we got the dark web, how to access the dark web and some of the tools that are used by anyone that would like to be maintain their anonymity and still transact business on the web.

John Kinsey – John serves as a training specialist for the Texas Juvenile Justice Department. John received his Bachelor's degree from Texas State University in Criminal Justice and started his career with the Travis County Sheriff's office. He quickly moved to the field of Juvenile Justice and worked as a shift supervisor with Travis County Juvenile Services and then later with Loudoun County Juvenile Detention Center in Leesburg, Virginia, where he became responsible for delivery of all the training at that facility. In 2007, he returned to Texas where he has worked for the Texas Juvenile Justice Department in his current position.

AGENDA

WEDNESDAY, APRIL 8, 2020

(BREAKS - 9:30 A.M. AND 3:00 P.M.)

7:30 A.M. - 8:00 A.M.	8:00 A.M. - 8:15 A.M.	8:00 A.M.-12:00 P.M. (4.0 hours)	1:00 P.M. - 5:00 P.M. (4.0 hours)
Registration	Welcome	Opening	"This Thing Is Going To Eat Me Up"...Managing Stress at Home, Work, and Our Inner World
<p>Location: Atrium Hallway MSU Texas Clark Student Center</p> <p style="text-align: center;">~</p> <p style="text-align: center;"><i>Breaks</i> Atrium Hallway</p>	<p style="text-align: center;">Announcements</p> <p style="text-align: center;">NTRTC <i>Steering Committee</i></p> <p style="text-align: center;">Location: Comanche A & B</p>	<p style="text-align: center;">"The Key Conversations: Considering the Conversations That Shape Our Lives"</p> <p style="text-align: center;"><i>Dr. Don Hebbard</i></p> <p style="text-align: center;">Location: Comanche A & B</p>	<p style="text-align: center;"><i>Dr. Don Hebbard</i></p> <p style="text-align: center;">Location: Comanche A & B</p> <hr/> <p style="text-align: center;">"HIV, AIDS, Communicable Diseases - Sexually Transmitted Disease and HIV / AIDS / STD / HEP / TB"</p> <p style="text-align: center;"><i>Dr. Keith Williamson - MSU Texas, and Jason Wheat and Tiffany Torres - Wichita County Health Department, Helen Farabee Mental Health Center</i></p> <p style="text-align: center;">Location: Wichita I & II</p> <hr/> <p style="text-align: center;">"Mental Health 101"</p> <p style="text-align: center;"><i>Charles Martin</i></p> <p style="text-align: center;">Location: Wichita I & II</p>

THURSDAY, APRIL 9, 2020

(BREAKS - 9:30 A.M. AND 3:00 P.M.)

8:00 A.M. - 12:00 P.M. (4.00 hours)	1:00 P.M. - 5:00 P.M. (4.00 hours)
"Ethics in the Context of #MeToo"	"Update on Vaping and Current Drug Trends"
<i>Christina Coultas, MSSW</i>	<i>Rick Rayl, RPh</i>
Location: Comanche A & B	Location: Wichita I & II
"Trauma Informed & Survivor-Centered Care: Meeting the Needs"	"At the Crossroads of Vulnerability and Shame" and "A Spotlight on the Dark Web"
<i>Rick Gipprich, Jr.</i>	<i>John Kinsey</i>
Location: Wichita I & II	Location: Comanche A & B

REGISTRATION: NORTH TEXAS REGIONAL TRAINING CONFERENCE

CHECKS PAYABLE TO: MSU Texas Continuing Education, 3410 Taft Blvd., Wichita Falls, TX 76308 (940) 397-4307

(Enclose separate registration for each participant. Feel free to copy this form.)

(Visa / MasterCard / Discover / PO accepted)

Name _____

Area of Employment _____ Position _____

Street/P.O. _____ City _____ Zip _____

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E-mail _____

Credit Card: MasterCard Visa Discover # _____ Expires _____ VCode _____

PLEASE CHECK APPROPRIATE BOX BELOW:

Signature _____

\$130.00 Registration 2 days

*\$10.00 MSU Texas undergraduate student rate with current I.D.

\$75.00 1 day only

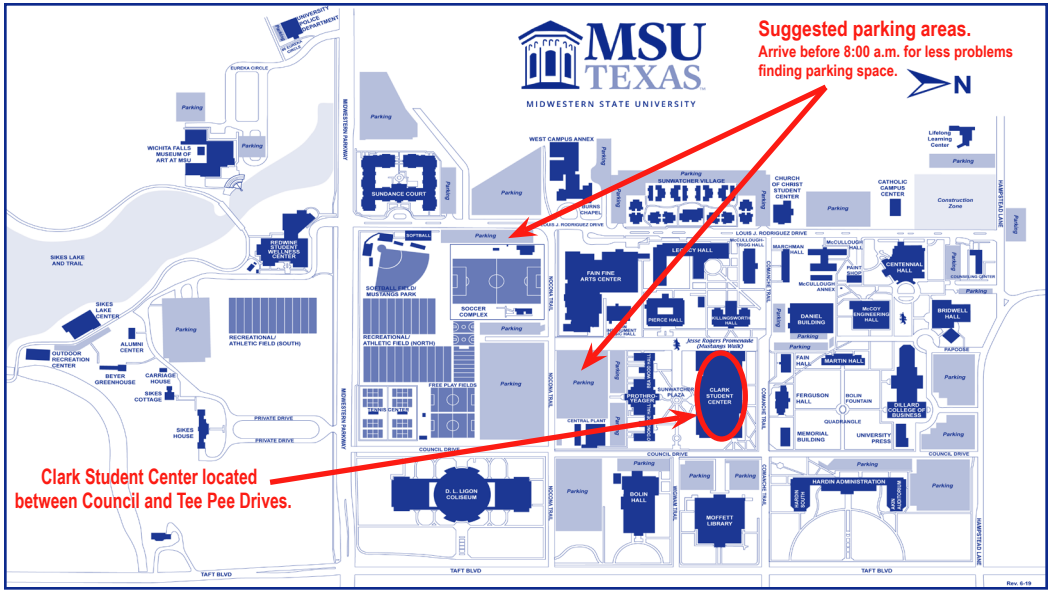
\$75.00 Senior Citizen 65+

\$40.00 1/2 day

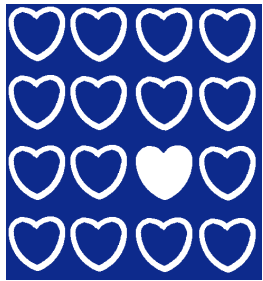
EVERYONE, including two day participants, please complete the following:

Check type of credit requested: CJAD TJJJD SW LPC LMFT CEU TCBAP (TAAP/LCDC)

Credit Card payments cannot be processed on day of conference.



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HOTEL ACCOMMODATIONS (MENTION MIDWESTERN STATE UNIVERSITY FOR SPECIAL RATES.)

Baymont by Wyndham (940) 247-2820	Fairfield Inn & Suites (940) 716-9577	Holiday Inn Express..... (940) 692-8300
Courtyard by Marriott..... (940) 696-0010	Homewood Suites (940) 691-4663	Best Western Plus (940) 687-2025

REFUND POLICY: 70% refund if cancellation is made at least 24 hours prior to day of conference. Refunds will be mailed within 30 days.
SATISFACTORY COMPLETION: Participants must attend the entire session and complete the evaluation form for satisfactory completion of the session.
CANCELLATION: In case of cancellation, every effort will be made to contact registered participants at the number provided on the registration form.
COMPLAINTS: Complaints about provider or workshop content may be directed to Lorraine Parmer, Coordinator for MSU Texas Continuing Education or to the TCBAF Standards Committee, 1005 Congress Avenue, Suite 460, Austin, Texas 78701, Fax (512) 476 -7297. Provider approved by the TCBAF Standards Committee, Provider No. 0182-88.

Clark Student Center is handicapped accessible. If you require other disability accommodations, please call us at least a week in advance.

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