

Incorporation of Session Prebriefing and Debriefing in the Learning Process

Scenario prebriefing and debriefing are essential parts of simulation-based education in healthcare, and MSU Texas Simulation Center encourages all instructors to incorporate this into their sessions. Setting the stage during a prebrief for a simulation-based training, assessment or process improvement session is essential in order to achieve the best results for the participants. Post-session debriefing for formalized reflection on the learning process to foster the development of clinical judgment and critical thinking is also necessary.

When scheduling their session, course instructor/faculty are advised to allow at least fifteen minutes for the pre-brief and twice as much time for the debrief as they do for the actual scenario.

The session pre- and post-brief is typically led by the Sim Educator unless the course instructor/faculty member has completed formal training in debriefing. The Educator will demonstrate how the recorded session provided via the B-line software can be used to enhance the debriefing process. The Educator will also provide guidance throughout the session and later suggestions to the instructor on how he/she might improve the session.