## Sport and Leisure Studies Practitioner Minor

**2021-2022 Catalog**

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### Course Requirements – 18 semester hours

- KNES 1503 Concepts of Fitness & Wellness
- KNES 2423 Techniques & Strategies of Fitness & Conditioning Activities
- KNES 2433 Techniques & Strategies of Adventure & Outdoor Activities
- KNES 3203 Organization and Programming in Recreation, Leisure, and Sport

**Choose 6 hours from the following:**

- KNES 3323 Coaching Theory and Practice
- KNES 3353 Officiating
- KNES 4033 Sport and Exercise Psychology
- KNES 4513 Adapted Physical Activity