

Academic Council Minutes

June 2025

Midwestern State University

The Academic Council did not meet in person, but an electronic vote was requested of the voting members of the council. The following items were adopted by the voting members below.

Voting Members:

Ms. Leah Gose, Dean, Lamar D. Fain College of Fine Arts

Dr. Leann Curry, Dean, Gordon T. and Ellen West College of Education and Professional Studies

Dr. Jeff Killion, Dean, Robert D. and Carol Gunn College of Health Sciences and Human Services

Dr. Jeff Stambaugh, Dean, Dillard College of Business Administration

Dr. Sam Watson, Dean, Prothro-Yeager College of Humanities and Social Sciences

Dr. Tiffany Ziegler, Dean, Dr. Billie Doris McAda Graduate School

Approval of Minutes

The voting members above approved the May 2025 minutes via electronic vote

Old Business

There was no old business

New Business

1. Textbook Adoption Request – Dr. Watson
2. Graduate Course and Catalog Change – Dr. Ziegler

New Business

Textbook Adoption Request – Dr. Watson

Dr. Isaac Christiansen, Associate Professor of Sociology

Per Policy OP 76.01, Intellectual Property Rights General Statement
Item C.7 Textbook Adoption

Any commercially printed workbook, textbook, or material used by students and authored or co-authored by Midwestern State University faculty members must be approved by the Academic Council. The College Dean will show in writing that the adoption is realistically priced and has been properly evaluated. A review of any adoption will be made by the College Council concerned every three (3) years. All subsequent adoptions of this work will be approved by the Academic Council.

I would like to formally request the use of *Introduction to Global Social Problems: Understanding Inequalities of Power and Social Justice* (1st Edition) by Isaac Zvi Christiansen, published by Routledge 2026 copyright. The textbook will be used in SOCL 2233 Global Social Problems, beginning in the Fall 2025 semester. This book reflects years of work and research into global social problems as well as eight years of experience teaching the subject matter. The book's planning and contents reflect the specific needs for my course as it was tailored for it. The book replaces a large and diffuse collection of readings, as when I began teaching the course I did not find another textbook that conformed to the course's needs. The book's paperback version is sold for \$43.99 from Routledge, the hardback for \$152.00 with an ebook available. The book clearly explains the social, economic and political foundations of social problems, provides clear explanations to sociological theories, and uses them as effective lenses from which the students can make sense of complex global and national issues. The book covers the critical range of subjects: economic systems, poverty, income and wealth inequality on both national and global levels, health and educational inequalities, racial and ethnic inequalities, crime and criminal justice, imperialism and war, politics and human rights and the environment. This book is intended to provide the student with a foundation so that they can understand the political/economic and social dynamics that operate behind the manifestations of the world's most pressing issues.

Competing Textbooks:

Chirco, JoAnn. *Global Problems, Global Solutions: Prospects for a Better World*. Sage College Publishing. \$183.00 Paperback

Sernau, Scott. *Global Problems: The Search for Equity, Peace and Sustainability* (Fourth Edition) Waveland Press. \$73.95 Paperback

This book opens with a presentation of how the political economy of the media distorts how social problems are often presented, and how these phenomena affect our perception of global social problems. Here the students are presented with sociology as a discipline, which offers a scientific approach to understanding, researching, and learning about social problems. The book presents students with different ways to conceptualize and measure both poverty and inequality, highlighting how different ways of measurement lead to different perceptions about income inequality levels. The book provides a very strong primer on sociological theories of inequality,

and reviews their historical and ongoing relevance. The following chapter examines the social determinants of health, including an important discussion on the well-researched relationship between economic inequality and population health, and provides the student with examples contrasting different types of health care systems, particularly looking at their impact on accessibility as well as population health. In each chapter, there are specific explorations of these issues from around the world. This chapter looks at healthcare in Western European nations, the United States, Cuba, and the Global South as a whole.

Next, the book discusses the issues of race in the United States, but also provides a discussion of racial issues in Bolivia, Haiti and South Africa. The chapter on crime and criminal justice reviews the central sociological theories of such as strain theory and differential association theory, outlines the impact on society of white-collar crime, and looks at different societal responses to crime, contrasting the cases of the United States, El Salvador, and Norway, placing each into their appropriate context. Next, the book explores the scourge of war, its human costs, and the connections between economic imperialism and its military manifestations. This chapter provides a brief history of US interventions during and after the cold war as illustrations of the concepts and connections that are brought up in the beginning of the chapter. Next, the book contrasts political systems and examines human rights, utilizing the United Nations Geneva Conventions and Universal Declaration of Human Rights along with history as a lens with which to understand the case of Israel and Palestine. The book closes with an examination of climate change drawing primarily for the Intergovernmental Panel on Climate Change, emphasizing how the economic dynamics of consumerism undermine the goals for an environmentally sustainable society.

Graduate Course and Catalog Changes – Dr. Ziegler

Exercise Physiology, M.S.E.P.

Effective Fall 2025

Course Number: **EXPH 6953**

Course Title: **Research Project**

Course Prerequisite(s): **To be taken in the last semester of the student's program.**

Course Description: **This course is designed for students in the MSEP program who are on the non-thesis route. This course is designed to be a non-formal project with the student working with an exercise physiology faculty member. The expectation is that this project will be presented at a research forum: local, state, national, and/or international.**

Lecture/Lab Hours: **3(3-0)**

Course Objective: **Students will have the opportunity to work on research in the field of exercise physiology and present their results at a research forum. Students have the opportunity to work on research techniques and equipment to better enhance their skill sets.**

Graduate Catalog revision – Effective Fall 2025

Exercise Physiology, M.S.E.P.

The Master of Science in Exercise Physiology prepares students for a number of careers in exercise science and related fields.

Mission Statement

The goal of the graduate program in Exercise Physiology is to encourage critical and reflective thinking in students and enable them to synthesize the knowledge and skills necessary to apply the principles of human movement in a variety of community, research, clinical, or athletic settings, or to pursue advanced study at the doctoral level.

Requirements for completion of a Master of Science in Exercise Physiology

~~Thesis Option and Non-Thesis Option:~~ 30 semester hours

EXPH Department Core Requirements (Mandatory):

EXPH 5003 - Research and Design

EXPH 5013 - Applied Research Statistics

EXPH 6983 – Thesis I

EXPH 6993 – Thesis II

Select 24 **18** hours from the following:

EXPH 5023 - Advanced Exercise Physiology and Assessment

EXPH 5033 - Clinical Exercise Physiology; Chronic Disease and Prevention

EXPH 5043 – Advanced Biomechanics

EXPH 5053 – Environmental Exercise Physiology

EXPH 5063 - Graduate Seminar in Exercise Physiology

EXPH 5083 - The Science Behind Injury & Rehabilitation

EXPH 5093 - Molecular and Cellular Exercise Physiology

EXPH 6013 - Myocardial Physiology & ECG Analysis

* ~~EXPH 6113 – Research Thesis Preparation~~

* ~~EXPH 6983 – Thesis~~

* ~~EXPH 6993 – Thesis~~

*~~Mandatory for Thesis Option~~

Elective Coursework with Graduate Coordinator Approval

EXPH 5073 - Graduate Topics in Exercise Physiology

EXPH 6003 - Graduate Internship in Exercise Physiology

EXPH 6103 - Research Independent Study

Non-Thesis Option: 30 semester hours with a **research project** ~~comprehensive examination~~

EXPH Department Core Requirements (Mandatory):

EXPH 5003 - Research and Design

EXPH 5013 - Applied Research Statistics

EXPH 6953 – Research Project

Select 21 hours from the following:

EXPH 5023 - Advanced Exercise Physiology and Assessment

EXPH 5033 - Clinical Exercise Physiology; Chronic Disease and Prevention

EXPH 5043 - Advanced Biomechanics

EXPH 5053 – Environmental Exercise Physiology

EXPH 5063 - Graduate Seminar in Exercise Physiology

EXPH 5073 - Graduate Topics in Exercise Physiology

EXPH 5083 - The Science Behind Injury & Rehabilitation

EXPH 5093 - Molecular and Cellular Exercise Physiology

EXPH 6003 - Graduate Internship in Exercise Physiology

EXPH 6013 - Myocardial Physiology & ECG Analysis

EXPH 6103 - Research Independent Study

Non-Thesis Option requires **completion of a research project that will be presented at either a local/campus, regional, national, or international research forum.** ~~comprehensive exam comprised of questions from the two (2) mandatory classes and additional four (4) courses listed above under “selected” credit hours for a total of six (6) courses comprising the comprehensive exam.~~

Respectfully submitted,

Melissa Boerma

Assistant to the Provost and Vice President for Academic Affairs