

the Update

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A weekly newsletter published by the Office of Marketing and Public Information

This Week's Events

Monday January 25

Holiday Trimmings Competition...
Weigh-ins begin 8 a.m.-noon Wellness Center

Tuesday January 26

Harvey School of Visual Arts...
Graphic Design Pop-up Exhibit 6 p.m. Farmer's Market

Department of Music...
Lindy Wilson, soprano 7 p.m. Akin Auditorium

Wednesday January 27

Administration and Institutional Effectiveness...
Retirement Reception: Randy Kirkpatrick 3 p.m. CSC Kiowa

Human Rights Week...
Documentary Film: *Do I Sound Gay?* 7 p.m. CSC Shawnee Theater

Thursday January 28

Human Rights Week...
Documentary Film: *Home of the Brave* 7 p.m. CSC Shawnee Theater

Friday January 29

Holiday Trimmings Competition...
Weigh-ins end 8 a.m.-noon Wellness Center

Athletics...
Women's Tennis at TCU 10 a.m. Fort Worth

Athletics...
Softball at Lubbock Christian Tournament Lubbock
vs. Lubbock Christian 3 p.m.
vs. Oklahoma Panhandle State 5 p.m.

Saturday January 30

Athletics...
Softball at Lubbock Christian Tournament Lubbock
vs. Lubbock Christian 1 p.m.
vs. Oklahoma Panhandle State 5 p.m.

Athletics...
Women's Tennis at Stephen F. Austin 11 a.m. Nacogdoches, Texas

Athletics...
Women's Basketball vs. Cameron 4 p.m. Ligon Coliseum

Athletics...
Men's Basketball vs. Cameron 6 p.m. Ligon Coliseum

Athletics...
Men's Tennis at Baylor 6 p.m. Waco, Texas

Sunday

January 31

Athletics...
Softball at Lubbock Christian Tournament Lubbock
vs. Western New Mexico 1 p.m.

Athletics...
Women's Basketball vs. Texas Woman's 4 p.m. Ligon Coliseum

Around Campus

Holiday Trimmings Competition

The Bruce and Graciela Redwine Student Wellness Center is sponsoring the second annual Holiday Trimmings Competition for those who want to start the year with more activity and lead a healthier lifestyle. To participate follow the instruction below:

1. Visit the Wellness Center to complete a weigh-in using the BioMeasure machine. **All weigh-ins must be completed between 8 a.m. – noon January 25-29.** The weigh-in takes less than a minute to complete and can be completed individually.
2. The BioMeasure machine will provide a slip of paper upon completion. A staff member will copy the paper and return the original.
3. Complete a short five question survey.
4. Attend the brown bag luncheon at noon Wednesday, February 3, in CSC Kiowa. Caleb Hannon and Dr. Joey Greenwood will discuss nutrition, weight management, exercise duration, exercise intensity, exercise frequency, and additional rules for the competition. Attendance is not required but is recommended for additional support.
5. Final weigh-in will be at noon April 18. The overall male and female with the highest percentage of weight loss will be notified April 21. Also, the top two finishers (male and female) will be awarded \$100 gift cards.
6. Weekly weigh-ins are not necessary, but available on an individual basis.

After the brown bag luncheon Greenwood will email all participants with workout routines, tips for healthy eating, nutrition information, and more. For more information about the competition, call Greenwood at ext. 4466 or email joey.greenwood@mwsu.edu.

Human Rights Week

Human Rights Week is a series of events designed to educate and create discussion opportunities for the MSU community regarding human rights issues. The Office of Student Development and Orientation designates this time annually to reflect upon and renew the commitment to the legacy of Reverend Dr. Martin Luther King Jr. along with those who inspired him and those who followed in his footsteps. In addition to the two documentaries, a display will be placed in the CSC Atrium throughout the week with information on current human rights issues and ways to get involved.

Wednesday, January 27

Documentary Film: *Do I Sound Gay?*

7 p.m. CSC Shawnee Theater

A documentary about the stereotype of the "gay voice" and its connotations, connections, and realities to modern society. Directed by David Thorpe, *Do I Sound Gay?* features Margaret Cho, Dan Savage, and George Takei.

Thursday, January 28

Documentary Film: *Home of the Brave*

7p.m. CSC Shawnee Theater

Detroit housewife and mother of five, Viola Liuzzo was a civil rights activist who went to Alabama to help with voter registration in 1965. She was in town during the pivotal march organized by Dr. Martin Luther King Jr. and the Southern Christian Leadership Conference, which ended in violence at the Edmund Pettus Bridge near Selma. While trying to transport the tear-gassed marchers in her car, she was shot by three members of the Ku Klux Klan.

For more information about these events or Human Rights Week, contact the Office of Student Development and Orientation at ext. 4500.

Graphic Design Pop-up Exhibit

The Juanita and Ralph Harvey School of Visual Arts will present a graphic design pop-up exhibit from 6-8 p.m. Tuesday, January 26, at the Farmer's Market, 713 Ohio Avenue. MSU graphic design students have redesigned maps of downtown Wichita Falls and additionally, some students have made psycho-geographical maps from personal experiences. For additional information, contact Morgan Page at morgan.page@mwsu.edu.

Lindy Wilson Concert

The Department of Music will present guest artist Lindy Wilson, coloratura soprano, at 7 p.m. Tuesday, January 26, in Akin Auditorium. Wilson has performed across the northwestern United States and Texas as well as Africa. Wilson performed with Sharon Mucker at the MSU Presidential Inauguration in December. The concert is free and open to the public. For more information, call Dr. Don Maxwell at ext. 4242.

Mark Your Calendar

Quickbooks Online

The America's Small Business Development Center at MSU will present Quickbooks Online from 8:30 a.m. - 4 p.m. Tuesday, February 2, in Dillard 159. The registration fee is \$95, and participants will need a laptop. The class is co-sponsored by the Wichita Falls Chamber of Commerce and The Nonprofit Center of Wichita Falls. To register online, visit www.mwsu.edu/url/sbdctouchnet or call ext. 4373 for more information.

Introduction to Acting

The Center for Continuing Education is offering a series of classes facilitated by Chance Harmon that offers training in various aspects of the dramatic arts in an exciting and encouraging environment. Through improvisation, script analysis, and the practice of acting technique, students are introduced to the fundamentals of performance. Special emphasis is placed on confidence building and overall cultivation for beginner actors. All classes will be held from 6:30-8 p.m. at the Sikes Lake Center. Cost is \$35 per session or \$200 for all seven classes.

Session 1 – Introduction to Acting – February 2

In this class, students will gain a basic understanding of the principles of acting.

Session 2 – Auditioning – February 9

This class will break down common audition processes used at theatres across the nation.

Session 3 – Monologues – February 16

In this class, students will receive monologues and will be guided through memorization techniques and comprehension.

Session 4 – Scene Study – February 23

In this class, students will be grouped together and given scenes. Students will be guided through the breakdown process and study techniques of their scenes.

Session 5 – Improvisational Acting I – March 1

This class will focus on entertaining, rapid-fire, and off-the-cuff acting in a nurturing environment.

Session 6 – Improvisational Acting II – March 8

This class will focus on entertaining, rapid-fire, and off-the-cuff acting in a nurturing environment.

Session 7 – Presentation and Performance – March 15

In this class, students will learn techniques for polishing their stage presence for presentations or performances.

Contact MSU Center for Continuing Education at ext. 4307 to make a reservation or for more information.

Artist-Lecture Series: Common Ground with Cal Thomas and Bob Beckel

The Artist-Lecture Series will present Cal Thomas and Bob Beckel at 7 p.m. Tuesday, February 2, in Akin Auditorium. Cal Thomas is a conservative Republican columnist. Bob Beckel is a liberal Democratic strategist. But as longtime friends, they often find common ground on issues that lawmakers in Washington, D.C., cannot. Together they wrote a twice-weekly forum page, "Common Ground," for *USA Today*. Thomas is one of America's most widely read, conservative op-ed columnists. He also hosts a daily radio program and has worked for NBC, CNBC, PBS, and the Fox News Network. Beckel is a political consultant, was co-host of *The Five on Fox News*, and is a regular Democratic political analyst for numerous other broadcast network newscasts. Tickets are free to MSU students, faculty, and staff with ID. Tickets are available at the CSC Information Desk. For more information, call ext. 7500.

Moffett Library Walking Tours

Moffett Library will present walking tours at 2 p.m. Wednesday, February 3, and Thursday, February 4. For more information, contact Moffett Library at ext. 4204.

James Hoggard Reading Series: Trey Moody

The Department of English, Humanities, and Philosophy will present Dr. Trey Moody, Visiting Assistant Professor at Oklahoma State University, as part of the James Hoggard Reading Series-Poetry Reading at 6 p.m. Thursday, February 4, at the Wichita Falls Museum of Art. Admission is free. For more information, call ext. 4300.

Discover MSU: Lamar D. Fain College of Fine Arts

The Admissions Office and the Lamar D. Fain College of Fine Arts will present Discover MSU on Friday, February 5. Discover MSU is designed especially for high school juniors, seniors, and college transfer students who are interested in an in-depth look at Midwestern State's academic programs. Prospective students can learn more about majors and meet current students and faculty. Additionally they will learn more about the admissions process, tour the campus, have lunch with the dean, and connect with key individuals in their academic major. For more information, call ext. 4334.

In the Spotlight

Nathan Jun, Associate Professor of Philosophy and Coordinator of the Philosophy Program, published an article titled "Romantic Anarchism: Asceticism, Aestheticism, and Education" in *Literature Compass* 13:1 (2016), pp. 34-43.

Andrew J. Allen, Assistant Professor of Music, was recently an invited guest at the United States Navy Band's 38th International Saxophone Symposium held on the campus of Shenandoah University in Winchester, Va. While there, he presented both a lecture and solo recital. The lecture was an overview of his research on early repertoire composed for the pioneering saxophone soloist Sigurd Rascher in Germany in the early 1930s. His recital included contemporary classical works for alto saxophone by Jesse Jones, Franck Bedrossian, and Kati Agocs.

Vicki Sanders, Assistant Professor of Radiologic Sciences, co-authored an article with Jennifer Flanaga, a graduate of the MSU Radiologist Assistant Program. The article "Radiology physician extenders: A literature review of the history and use of physician extenders in medical imaging" was published in the Winter 2015 edition of the *Journal of Allied Health*.