

THE UPDATE

Vol. 41 No. 3

September 17, 2012

THIS WEEK'S EVENTS

Tuesday **September 18**

<i>Disability Support Services...</i> Disability Advocacy Group	4 p.m.	CSC Cheyenne
<i>MSU Wellness Programs...</i> Fall Kickoff Demo Class Schedule	4:30 p.m.	Wellness Center
<i>Artist-Lecture Series...</i> Captain Sig Hansen	7 p.m.	Akin Auditorium
<i>Center for Continuing Education...</i> Film Series: <i>Sound of Noise</i>	7 p.m.	Museum of Art

Thursday **September 20**

<i>MSU Cycling...</i> USA Cycling Collegiate Track National Championships		Frisco, TX
<i>TLRC...</i> Wine & Cheese Event	4:30 p.m.	Dillard 189
<i>Moffett Library...</i> Workshop: "Country of Laws: How to use legal resources"	3:30 p.m.	Moffett Computer Lab
<i>Museum of Art at MSU...</i> Gallery Talk and Reception: Kathy Sosa	6 p.m.	Museum of Art
<i>Athletics...</i> Volleyball vs. Incarnate Word	7 p.m.	Ligon Coliseum

Friday **September 21**

<i>MSU Cycling...</i> USA Cycling Collegiate Track National Championships		Frisco, TX
<i>Athletics...</i> Men's and Women's Tennis (MSU Invitational)		MSU Tennis Courts
<i>Athletics...</i> Women's Soccer vs. West Texas A&M	5 p.m.	MSU Soccer Field
<i>Athletics...</i> Men's Soccer vs. Incarnate Word	7 p.m.	MSU Soccer Field

Saturday **September 22**

<i>MSU Cycling...</i> USA Cycling Collegiate Track National Championships		Frisco, TX
<i>Athletics...</i> Men's and Women's Tennis (MSU Invitational)		MSU Tennis Courts
<i>Athletics...</i> Volleyball vs. Texas A&M-Kingsville	2 p.m.	Ligon Coliseum

<i>Athletics...</i> Football vs. Texas A&M-Kingsville	7 p.m.	Kingsville
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Sunday **September 23**

<i>Athletics...</i> Women's Soccer vs. Eastern N.M.	1 p.m.	MSU Soccer Field
<i>Athletics...</i> Men's Soccer vs. Ouachita Baptist	3 p.m.	MSU Soccer Field
<i>Athletics...</i> Men's Golf at The Territory Classic		Duncan, Okla.

AROUND CAMPUS

Wellness Programs Fall Kickoff

The MSU Wellness Programs will showcase many of its group fitness classes as well as tours of the Redwine Wellness Center beginning at 4:30 p.m. Tuesday, September 18. They will also serve free hotdogs and hamburgers beginning at 6 p.m. and karaoke with Tom Brillhart will begin at 6 p.m. in the aquatics area. Free T-shirts will be given to the first 100 participants who complete a group fitness class.

Group Fitness Schedule

Aerobics Room #1

4:30-5:00 p.m.	Zumba	(Kristin)
5:00-5:30 p.m.	Abs	(Anna)
5:30-6:00 p.m.	Step	(Korie)
6:00-6:30 p.m.	Yoga	(Reaghan)

Aquatics Area

5:30-6:00 p.m.	Aqua Pump	(Reaghan)
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Aerobics Room #2

4:30-5:30 p.m.	Spin	(Patricia)
5:30-6:00 p.m.	Spin	(Anna)
6:00-6:30 p.m.	Spin	(Debbie)

TLRC Wine and Cheese Event

The Teaching and Learning Resource Center will present information about academics and athletics at its next Wine and Cheese event at 4:30 p.m. Thursday, September 20, in Dillard 189. For more information, contact Crystal Boyle at crystal.boyle@mwsu.edu or ext. 4868.

MSU to Sponsor 2012 Cycling Championships

Midwestern State University will sponsor the annual USA Cycling Collegiate Track National Championships from September 20-22 at the Superdome in Frisco, Texas. More than 150 top-rated track cyclists from more than 30 universities including MSU, Colorado State, MIT, West Point, and Texas A&M will compete to be crowned as national champion. MSU has won 26 individual national championships during its two-decade-plus history, and the team expects to do well in Frisco. Visit <http://www.usacycling.org/2012/collegiate-track-national> for the event schedule. For more information, contact Charlie Zamastil, MSU Cycling Director, at ext. 6208.

MARK YOUR CALENDAR

Family Day

This year's Family Day program will feature a variety of free activities and events both on campus and at Memorial Stadium before the 7 p.m. football game against Incarnate Word on Saturday, September 29. Festivities will include a variety of games, novelties, and entertainment for the entire family to enjoy. The on-campus activities will take place from noon-4 p.m., and activities at Memorial Stadium will take place between 5-7 p.m. in the west parking lot. For more information, call ext. 4500.

CAMPUS NEWS

Tutors Needed

Disability Support Services is in need of tutors. Tutors must have completed a minimum of 45 hours at Midwestern and have 3.0 GPA in subject to tutor. For more information, call ext. 4140.

NEW BABY

Michael Meachum, Assistant Men's Soccer Coach, and his wife Meagan, welcomed daughter Hayden Ashyr into the world September 11. Hayden weighed 7 pounds, 5 ounces and was 20 inches long. Congratulations!

FOR SALE

Farm fresh eggs from free range hens. \$2 per dozen. Contact Leslie Gonzales at (940) 642-9076.