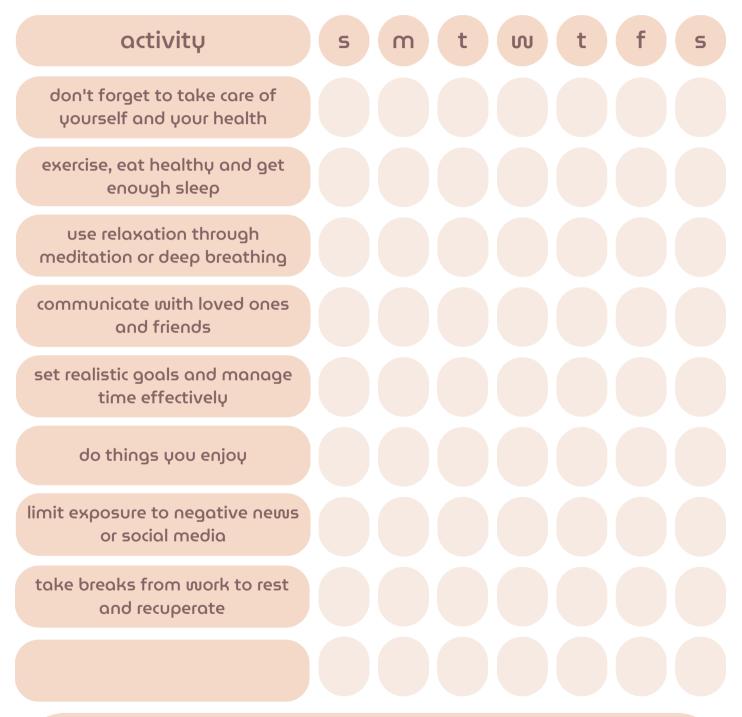
mental-care checklist

week



notes